



# Our services

## In-person and virtual care

Marathon Health is your health partner, covering up to 90% of your health and wellness needs.



### Primary and preventive care (\$0)

- Annual exams and preventive screenings
- Blood pressure screening
- Condition management (diabetes, heart disease, COPD, and more)
- Health coaching (nutrition, physical activity, weight loss, tobacco cessation, and stress management)



### Immediate & sick care (\$35)

- Bronchitis
- Common cold and cough
- Constipation
- Diarrhea
- Eye infections
- Headache
- Joint pain
- Nausea and vomiting
- Nosebleed
- Sinus infections
- Skin infections
- Strep throat



### Mental health counseling (\$35)

- Anxiety
- Depression
- Eating disorders
- Grief
- Post Traumatic Stress Disorder (PTSD)
- Substance Use Disorder



### Lab services (\$0)

- Basic metabolic panel
- Blood draws and sample collection
- Cholesterol
- Hemoglobin A1c
- Pregnancy test
- Screening for diabetes
- Urinalysis
- *Additional lab tests can also be drawn and sent to an outside lab for processing*



Schedule your appointment  
**866-434-3255** | [my.marathon.health](https://my.marathon.health)



INDIANA UNIVERSITY

The care you receive by Marathon Health is confidential and protected by state and federal law.

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